

SGOP News



The Official Publication of the Society of Gynecologic Oncologists of the Philippines, Inc.



Messages from the President

Greetings my dear Colleagues!

It is an honor to serve all of you as your President for the year 2019. It is a privilege to work with you and your 2019 Board members who have the following assignments:

Officers

Dr. Jericho Thaddeus P Luna (President) – Legislation, Midyear Convention, International/ External Affairs, & AdHoc Committee on the Philippine Gynecologic Oncology Group (PGOG)



CME ALL over the PHILIPPINES!

Sharing our expertise is one of our goals.



THE SGOP Community Service

Several surgical missions were scheduled to serve our less fortunate stakeholders.



Highlights of the Midyear Convention

This event re-charged the gynonc MD into a more well rounded physician

5

SGOP ANNUAL CONVENTION

Learn more about this much anticipated event.

8

THE 2019 CLINICAL PRACTICE GUIDELINES FOR THE OBSTETRICIAN - GYNECOLOGIST

Finally, the guidelines will be out soon, Find out here!

TRANSCENDENCE

35th Anniversary Celebration of the SGOP

Gala Night

Dr. Maria Lilibeth L. Sia Su (Vice President) – Annual Convention and National Affairs
Dr. Maria Julieta V. Germar (Secretary) – Credentials and Membership & PBCO Liaison
Dr. Jean Anne B. Toral (Treasurer) – Finance
Dr. Richard Ronald B. Cacho (PRO) – Newsletter
Dr. Benjamin D. Cuenca (Immediate Past President) – AdHoc Committee on Core Values

Board Members

Dr. Doris R. Benavides – Research
Dr. Carolyn Z. Castro – Clinical Practice Guidelines
Dr. Lilli May T. Cole – Tumor Registry
Dr. Rommel Z. Dueñas – Continuing Medical Education
Dr. Ana Victoria V. Dy Echo – Community Service and Ways & Means
Dr. Christine Joy G. Garcia – Informatics
Dr. Filomena S. San Juan – Amendments and Legislation
Dr. Renee Vina G. Sicam – Library and Archives & AdHoc Committee on the 35th Year Anniversary Celebration

Philippine Board of Gynecologic Oncology (PBCO)

Chair: Dr. Efren J. Domingo
 Members: Dr. Maria Cynthia F. Tan & Dr. Mary Christine F. Palma

Regional Directors

Dr. Jimmy A. Billod – Northern Luzon, Cagayan Valley & Central Luzon
 Dr. Limavel Ann M. Veloso – Southern Luzon & Bicol
 Dr. Pherdes E. Galbo – Visayas
 Dr. Concepcion D. Rayel – Mindanao

Committee Appointments

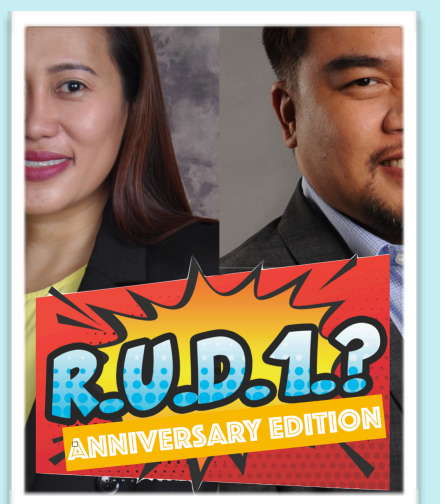
Non-Legislative Committee – Dr. Teresita B. Cardenas
 Audit Committee: Chair – Dr. Salvador Luis R. Villanueva
 Members – Dr. Helen D. Yambao & Dr. Belen T. Garana
 Ethics Committee: Chair – Dr. Rainerio S. Abad
 Members – Dr. Virgilio R. Oblepias & Dr. Cecilia L. Llave
 Nominations Committee: Chair – Dr. Rey H. de los Reyes
 Members – Dr. Elsie R. Dancel & Dr. Wilhelmina D.M. Rivera
 Elections Committee: Chair – Dr. Gil S. Gonzalez



35TH ANNIVERSARY CELEBRATION OF SGOP!!!

It has been a tradition for our Annual Conventions to hold an event that will give us a chance to unwind, renew our bonds, and relive our friendships. We would like to enjoy members of our society to join the **Fellowship Night on July 26, 2019 7:00 PM**. It will be held at the Palawan Ballroom of the EDSA Shangri-La Hotel after the scientific sessions of the 2nd day of the convention.

The 2019 Fellowship Night will still have the theme: "R.u.D.1?: Anniversary Edition". It will coincide with the celebration of the 35th year of SGOP - a very special night indeed!



As we celebrate our Society’s 35th Year in existence, after conducting a strategic planning with the SGOP Board and the Regional Directors, your Board’s activities are guided by the following thrusts:

- S – Social and Professional Responsibility
- G – Gynecologic Oncology Research Group
- O – Outreach and Continuing Education Programs
- P – Publications



S – Social and Professional Responsibility

For the Members’ Benefits, we will continue to subsidize members in our Midyear and Annual Conventions, maintain our Mutual Assistance Program

and create Training Grants (i.e. MIS @ APAGE/PSGE-

accredited institution and Hands-on Live Surgical Training @ ESAGON, Charles University or Institutions as approved by the SGOP Board). We will strive for representation in the development of the IRR for the Republic Act 11215: National Integrated Cancer Control Program and the creation of the DOH AO Guidelines on the Establishment and Operations of Oncology Drug Administration Units in the Philippines. We will update the SGOP Directory of the members and release both soft & hard copies.

For the Internal Affairs, we will ensure that the Society’s responsibilities to the SEC, BIR, SSS, PHIC and Pag-IBIG are met.



For the External Affairs, we will pursue our commitment to the IGCS Alliance and support the activities of the PSO.

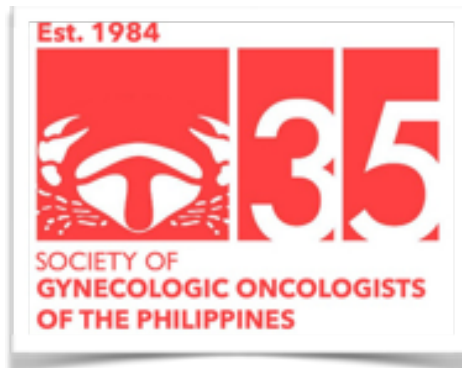
For Social Responsibility, we will continue to maintain our website, fb page and youtube channel thru the Committee on Informatics.

For the PBGO, they will review the PBGO Handbook for the accreditation of Gynecologic Oncology Training Programs and the requirements for those who will take the Diplomate Exam. The last PBGO Handbook was last released in 2005.

G – Gynecologic Oncology Research Group

First, we will continue to request the submission of research papers and interesting case reports from our colleagues, fellows-in-training and residents-in-training for the Dr. Luciano SJ Sotto Research and Interesting Case Paper Contest. Starting this year, we will promote the conduct of research in the field of gynecologic cancer by offering Research Grants.

Second, as advised by Dr. Luciano SJ Sotto, we will finally form the Philippine Gynecologic Oncology Research Group (PGOG) and register PGOG as a Study Group under the National Institute of Health (NIH). We will conduct multicenter trials of SGOP members under the PGOG and hopefully, in time, we will be able to create an Institute of Gynecologic Oncology and receive national funding for our research proposals.



O – Outreach and Continuing Education Programs

We will continue to share our knowledge and expertise to all the Regions of our country by conducting the Dr. Genara M. Limson Continuing Medical Education (CME) Conferences, the Dr. Augusto M. Manalo Tumor Conferences and the Community Service Activities. The CME Conferences will update our general ob-gyn colleagues with the new FIGO 2018 Cervical Cancer Staging Classification, aside from the lecture modules which the previous CME Committee created. The SGOP Dr. Augusto M. Manalo Tumor

Conferences will still be a case-based discussion involving a multi-disciplinary team (MDT) approach. The SGOP Community Service Activities will consist mainly of Surgical Missions this year.

P – Publications

First, we will revise and update our SGOP Clinical Practice Guidelines (CPG) for the General Obstetrician and Gynecologist. The CPG will focus on primary and secondary prevention of gynecologic malignancies.

Second, we will partner with the Philippine Journal of Obstetrics and Gynecology (PJOG), a Scopus-indexed and Western Pacific Region Index Medicus (WPRIM)-indexed journal, by creating a special issue composed of articles on gynecologic malignancies. Articles will mainly come from the Dr. Luciano SJ Sotto Research and Interesting Case Contest but we will also request special articles for publication from our members. PJOG will soon be published by Wolters Kluwer and hopefully be included in PubMed. Our partnership with PJOG will give our articles more opportunities to be accessed by the medical community. Moreover, if more articles on gynecologic malignancies will be submitted to our Research Committee, we will continue to publish our own Philippine Journal of Gynecologic Oncology (PJGO).

Third, we will release the SGOP Newsletters to inform members of the Society's activities plus announcements.

Last, the Committee on Ethics will review and update the Ethical Guidelines on Gynecologic Oncology. The last SGOP Ethical Guidelines was released in 2004.

SGOP...let us all continue to enhance our knowledge, hone our skills and maintain our camaraderie...let us remain strong as one family for the benefit of our patients, students, trainees and colleagues!

2019 SGOP ANNUAL CONVENTION

Back to Basics :

“What Every Gynecologist Must Know About Gynecologic Cancer”

Maria Constanca Y. Wylengco, M.D.
Convention Secretary

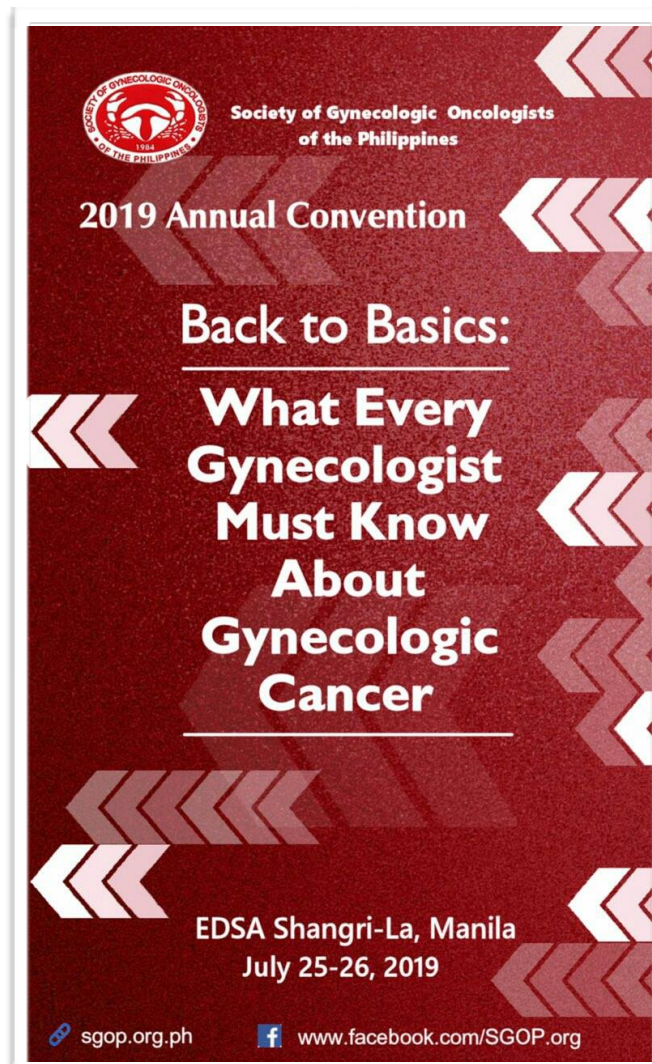
The year 2019 is very special to the Society of Gynecologic Oncologists of the Philippines as it marks the 35th anniversary of the organization, and so the conference also provides us with the opportunity to celebrate this momentous occasion. The conference theme, **“Back to Basics: What Every Gynecologist Must Know About Gynecologic Cancer”**, has been carefully chosen to mark such a milestone of our society, as we look back and review the essentials of gynecologic cancer. The Society of Gynecologic Oncologists of the Philippines kicks off its two-day 2019 Annual Convention today, July 25, 2019 at EDSA Shangri-la, Manila.

This annual convention offers a variety of topics, issues, and concerns delivered through innovative and inventive methods directed at exploring the fundamentals of gynecologic cancer. The organizing committee, headed by overall chair

Dr. Maria Lilibeth L. Sia Su, together with the Scientific Program Chair, Dr. Carolyn R. Zalameda-Castro, and Co-Chair Dr. Jean Anne B. Toral, prepared a convention tailored to focus on the basics

of gynecologic malignancies, covering topics from pelvic anatomy and physiology, tumorigenesis, cancer genetics, to the specifics and management of cervical, uterine, and ovarian cancer. The program also encompasses updates on gynecologic cancer prevention strategies, as well as a variety of special topics and concerns such as cancer myths, fertility-preserving options, enhanced recovery protocols for surgical patients, management of surgical complications, and a holistic approach to patients and family members during difficult times. A pathology review was also prepared to refresh the audience on the histologic picture of common gynecologic tumors.

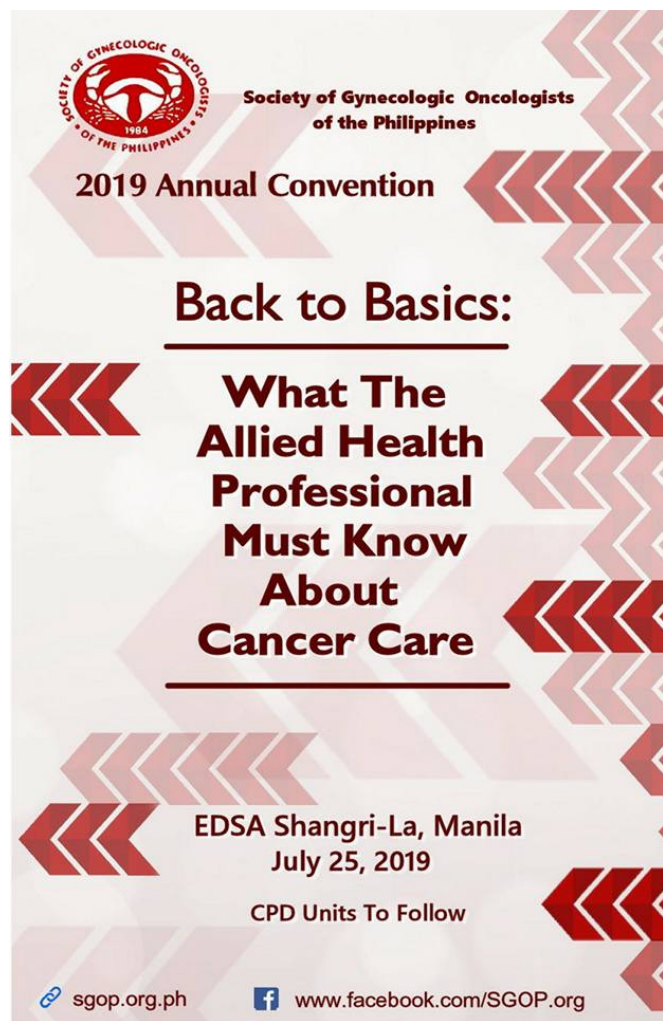
Lecturers comprise of leading professors, practitioners, and experts in the field of oncology. The society has invited distinguished international speaker, oncologist and



founding President of the Gynecologic Cancer Group Singapore, **Dr. David Tan**. Most acclaimed for his primary clinical work, research interests and publications on gynecological cancers and the development of novel anti-cancer therapeutic agents, Dr. Tan will be elucidating on molecular profiling, and principles of chemotherapy, targeted therapy, immunotherapy and precision therapy for gynecologic cancers.

handling of chemotherapy, cancer nutrition, and prevention of complications. The role of the allied health professions in genetic testing and counseling, cancer pain management, and palliative care will also be addressed.

The society hopes that the annual convention will foster discussions and inspire medical professionals and health care providers to enhance their knowledge and understanding of the basics and complexities of cancer care, with the goal of providing quality patient care and producing better outcomes.



Victoria V. Dy Echo and overall chair himself Dr. Luna, and Dr. Genalin F. Amparo and Dr. Aileen P. Tomboc, respectively. The convention would not be possible without their relentless efforts to secure our partners in the industry to participate in this ambitious learning endeavor.


Simultaneous with the first day of the SGOP Annual Convention, the organizing committee also prepared a parallel convention for colleagues in the allied health professions entitled “**Back to Basics: What the Allied Health Professional Must Know about Cancer Care.**” This convention is a one-day event, and will tackle matters associated to dealing with, and caring for patients with gynecologic malignancies. Topics include the behavior of cancer, epidemiology of gynecologic cancers, perioperative care, and stoma and catheter care,



Day 1: July 25, 2019			Day 2: July 26, 2019		
7:00 — 8:00 am	Registration		UTERINE CANCER		
ANATOMY AND PHYSIOLOGY			8:00 — 8:30 am	Updates on endometrial cancer epidemiology and prevention strategies in the Philippines	Belina A. Ato-Antinero, MD
8:00 — 8:30 am	Pelvic anatomy relevant to gynecologic surgery	Renee Vina G. Sicam, MD	8:30 — 9:00 am	Evaluation and management of women with suspected endometrial neoplasia	María Julieta Corazon V. Gemar, MD
8:30 — 9:00 am	What goes on in a normal cell	Jay T. Dalet, MD	9:00 — 9:30 am	How to differentiate uterine myoma from uterine sarcomas	Esther Rhadamanthine V. Ganzon, Jr., MD
9:00 — 9:15 am	OPEN FORUM		9:30 — 9:45 am	OPEN FORUM	
9:15 — 9:30 am	SNACK Industry-sponsored symposium		9:45 — 10:00 am	SNACK Industry-sponsored symposium	
THE BASICS OF ONCOLOGY			OVARIAN CANCER		
9:30 — 10:00 am	When a cell loses its control and becomes immortal	Melissa D. Amosco, MD	10:00 — 10:30 am	Clinical features and diagnosis of epithelial ovarian cancer	Limavel Ann M. Veloso, MD
10:00 — 10:30 am	The spread of cancer and tumor angiogenesis	Ann C. Natividad-Visda, MD	10:30 — 11:00 am	Molecular biology and immunophenotype of epithelial ovarian cancer	Raymond S. Sulay, MD
10:30 — 11:00 am	The genetics of cancer	Gay Luz M. Talapian, MD	11:00 — 11:30 am	Surgical management of ovarian cancer	Pherdes E. Galbo, MD
11:00 — 11:30 am	Molecular profiling of gynecologic cancers for precision therapy	David Tan, MD	11:30 — 12:00 nn	Principles of chemotherapy and targeted therapy in ovarian cancer	David Tan, MD
11:30 — 12:00 nn	OPENING CEREMONIES OPENING OF EXHIBITS		12:00 — 12:30 pm	Immunotherapy for gynecologic cancers	David Tan, MD
12:00 — 1:00 pm	LUNCH Industry-sponsored symposium		12:30 — 1:30 pm	LUNCH Industry-sponsored symposium	
CERVICAL CANCER			SPECIAL TOPICS		
1:00 — 1:30 pm	Updates on cervical cancer epidemiology and prevention strategies in the Philippines	Helen R. Amarin, MD	1:30 — 2:00 pm	Fertility-preserving options for gynecologic cancers	Jericho Thaddeus P. Luna, MD
1:30 — 2:00 pm	The 2018 FIGO staging of cervical cancer	Jimmy A. Billod, MD	2:00 — 2:30 pm	Is endometriosis a premalignant lesion?	Jean Anne B. Toral, MD, MSc
2:00 — 2:30 pm	Management of cervical cancer	Andrea M. Gaddi, MD	2:30 — 3:00 pm	Myths about cancer	Rommel Z. Dueñas, MD
2:30 — 3:00 pm	What happens to inappropriately-managed cervical cancer patients?	Lilli May T. Cole, MD	3:00 — 3:15 pm	OPEN FORUM	
3:00 — 3:15 pm	OPEN FORUM		3:15 — 3:30 pm	SNACK Industry-sponsored symposium	
3:15 — 3:30 pm	SNACK Industry-sponsored symposium		3:30 — 4:00 pm	Enhanced recovery protocols for gynecologic surgery patients	Ma. Patricia P. Luna-Sun, MD
MISCELLANEOUS TOPICS			4:00 — 4:30 pm	Management of surgical complications (surgical videos)	Richard Ronald B. Cacho, MD
3:30 — 4:00 pm	The different types of hysterectomies (surgical videos)	Angelito D.L. Magno, MD	4:30 — 5:00 pm	PANEL DISCUSSION Maintaining psychological, emotional and mental well-being of patients and family through the difficult times	Rev. Fr. Chester A. Yacub, SJ Michael P. Sionzon, MD Gil S. Gonzalez, MD
4:00 — 4:30 pm	Pathology review: Gynecologic malignancies	Mark Angelo Ang, MD	5:00 pm	CLOSING CEREMONIES	
4:30 pm	SGOP BUSINESS MEETING				

On behalf of the overall chair, Dr. Luna and the organizing committee, we invite the SGOP membership to attend and to encourage our colleagues, the general

obgyns and allied medical professionals, to join this Annual Convention, a convention of many firsts.




The Society of Gynecologic Oncologists of the Philippines and the Institute of Biology, UP Diliman invite you to:

Molecular Biology of Gynecologic Cancer: A Masterclass

Wednesday
July 24, 2019
7:00AM - 5:00PM

Institute of Biology Auditorium
UP Diliman



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SOCIETY OF GYNECOLOGIC ONCOLOGISTS OF THE PHILIPPINES

This year, SGOP announces its 2019 Masterclass: Molecular Biology of Gynecologic Cancer. This will be held at the Institute of Biology at the University of the Philippines in Diliman, Quezon City on July 24, 2019.

Since it is challenging to treat advanced or recurrent cancers using conventional treatments, the development of novel and highly specific targets for therapy is required. An exponential growth in the collection of genomic and proteomic data in the past 20 years has provided major advances in understanding the molecular mechanisms of human cancer. This progress has resulted in the development of targeted therapies tailored to an individual molecular profile. Recent advances in biochemical engineering should contribute to major evolution in diagnosis and treatment of human cancer.

SGOP 2019 ACTIVITIES

February 6, 2019

SGOP Committee on Community Service Surgical Mission, Bulacan Medical Center, Malolos City, Bulacan

March 7, 2019

SGOP Committee on Community Service Surgical Mission, Gov. Celestino Gallares Memorial Hospital, Tagbilaran, Bohol

March 8-9, 2019

SGOP Midyear Convention, Hennan Hotel Panglao, Bohol

March 23-24, 2019

SGOP Committee on Community Service Surgical Mission, Marbel Koronadal

April 3, 2019

AdHoc Committee for Clinical Practice Guidelines for the Generalist: Cervix, Vulva and Vagina Presentation

April 6-8, 2019

Committee on Continuous Medical Education CME Caravan in collaboration with POGS Region 2, Tuguegarao City

April 7, 2019

SGOP Committee on Community Service Surgical Mission, Southern Isabela General Hospital, Santiago City, Isabela

April 10, 2019

AdHoc Committee for Clinical Practice Guidelines for the Generalist: Endometrium and Sarcoma Presentation

April 17, 2019

AdHoc Committee for Clinical Practice Guidelines for the Generalist: Ovary, Fallopian tube and Peritoneum, Breast and Miscellaneous Presentation

May 5, 2019

Tumor Conference (in collaboration with POGS Region IVA, Asian Hospital and Medical Center, Alabang Muntinlupa City

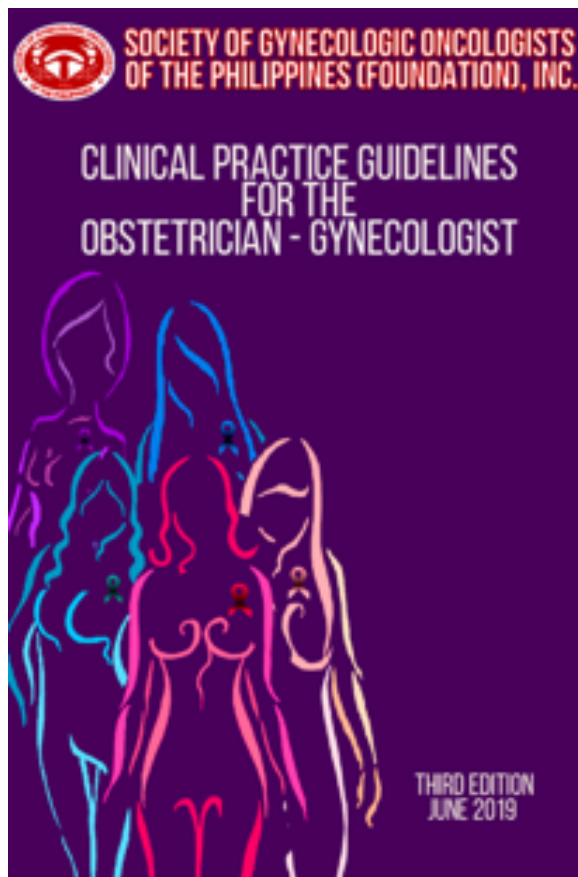
2019 CLINICAL PRACTICE GUIDELINES for the Obstetrician-Gynecologist



By Carolyn R. Zalameda-Castro, MD

In line with the 35th Founding Anniversary of the SGOP, we are offering this 3rd edition of the Clinical Practice Guidelines for the Obstetrician-

Gynecologist. It was the dream of our founders to elevate the standards of prevention and treatment of gynecologic malignancies in our country. Thirty-five years later, we still carry on achieving their objectives with the same passion and zeal. The Ad hoc Committee for the revision of the CPG for the



OB-GYN devoted time and effort in updating the 2010 guidelines. Much evidence and new recommendations have already come up. The committee met a couple of times to screen these accumulated knowledge and incorporate those that are appropriate in the local setting. The recommendations were presented in a plenary with the SGOP members and stakeholders from the POGS, PBOG, CREED and cancer survivor support groups. The CPG will be launched during the SGOP Annual Convention on July 25, 2019.

May 15, 2019
Committee on Continuous Medical
Education CME Caravan in
collaboration with POGS Region III,
Cabanatuan City

May 18-19, 2019
SCOP Committee on Community
Service Surgical Mission, Allen District
Hospital, Samar

June 1, 2019
AdHoc Committee for Clinical Practice
Guidelines for the Generalist: Plenary
and Critiquing

July 24, 2019
SCOP Pre-Convention Workshop:
Molecular Oncology, University of the
Philippines, Diliman

July 25-26, 2019
Back to Basics: What Every
Gynecologist Must Know About
Cynecologic Cancer Care SCOP Annual
Convention, Edsa Shangrila, Manila,
Mandaluyong City

July 25, 2019
Back to Basics: What The Allied Health
Professional Must Know About Cancer
Care. SCOP Annual Convention (for
Allied Professionals), Edsa Shangrila,
Manila, Mandaluyong City

July 26, 2019
SCOP 35th Anniversary Celebration

August 16, 2019
SCOP Committee on Community
Service Surgical Mission, Zamboanga
City Medical Center

September 2019
Committee on Continuous Medical
Education CME Caravan in
collaboration with POGS Region VI,
Bacolod City



ADHOC COMMITTEE FOR THE 2019 SGOP CLINICAL PRACTICE GUIDELINES FOR OBSTETRICIAN GYNECOLOGIST

Carolyn R. Zalameda-Castro, MD
Editor-in-Chief

CERVIX

Marie Aleli R. De Castro-Malig, MD
Elizabeth E. Strebel, MD
Gladdy Maura G. Facun, MD
Renee Riza C. Medalla, MD

ENDOMETRIUM

Renee Vina G. Sicam, MD
Marie Christine Valerie R. Mendoza, MD
Kathleen Gizelle J. Samonte-Alfonso, MD
Joan Kristel B. Abrenica, MD
Maria Patricia Angelica M. Tanchuling, MD

UTERINE SARCOMA

Lilli May T. Cole, MD
Chicance M. Alvarina, MD
Roxanne U. Rivera, MD
Reya Andrea H. Hurtado, MD

OVARY, FALLOPIAN TUBE, PERITONEUM

Jimmy A. Billod, MD
Maria Constanca Y. Wylengco, MD
Divina Ghea B. Mata-Carrillo, MD
Bernadette C. Yap, MD
Martha Isabel J. Parroco, MD

VULVA

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Merlind M. Morales, MD
Aubrey Y. Señeris, MD
Marilou S. Yu, MD

VAGINA

Judith G. Cabanela, MD
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Romelyn April P. Imperio-Onglao, MD

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Mark Q. Antonio, MD
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Dinah Brazal, MD
Zelda Sue C. De Leon, MD

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RICHARD RONALD B. CACHEO, MD
Editor-in-Chief, SGOP News
Public Relations Officer, SGOP 2019

ESGO
European Society of
Gynaecological Oncology

**21st European Congress
on Gynaecological Oncology**
November 2-5, Athens, Greece



ATHENS, GREECE
2019



SGOP COMMUNITY SERVICE

Ana Victoria V. Dy Echo, MD
Chair, Committee on Community Service

This year is an exciting year for the Committee on Community Service. Our President, Dr. Jericho Thaddeus P. Luna, challenged the Committee to conduct a community service activity in hospitals of every region of the country. These include Isabela (Region II), Bulacan (Region III), Romblon (Region IV), Negros Occidental (Region VI), Bohol (Region VII), Samar (Region VIII), Zamboanga (Region IX), Bukidnon (Region X) and Koronodal (Region XI).

For the first quarter, 2 community service activities have been completed. The first was last February 6, 2019, which was conducted at the Bulacan Medical Center, Malolos City, Bulacan. This activity was coordinated the OB-GYN Department Chair Dr. Rowena Labao. SGOP members who joined the team include Dr. Jocelyn Z. Mariano, Dr. Elmer R. Santos, Dr. Jaynet De Castro-Tan, Dr. Mark Q. Antonio, Dr. Rowena C. Soriano, Dr. Maria Constanca Y. Wylengco, Dr. Celeste Z. Francisco and Dr. Geminelle Y. Co. Six cases were scheduled for surgery – 1 case of endometrial cancer, 1 case of ovarian new growth, malignant, 1 case of endometrial hyperplasia, 1 case of myoma uteri, 1 case of HSIL; 1 case of vulvar mass turned out to be an inguinal hernia and was referred to General Surgery. Two cases of ovarian new growth, malignant were initially scheduled for surgery but unfortunately were not cleared for medical conditions. The team ended the day with a feast hosted by Dr. Mariano.



The second community service activity was conducted last March 7, 2019 at the Gov. Celstino Gallares Memorial Hospital, Tagbilaran, Bohol. SGOP members who joined the team include Dr. Raymond S. Sulay, Dr. Richard Ronald B. Cacho, Dr. Pherdes E. Galbo, Dr. Helen R. Amorin, Dr. Ronald B. Capito and Dr. Carlos Ray B. Sanchez III. A courtesy call was done the day prior to the surgical mission, where the team was welcomed by the Medical Center Chief Dr. Mutya Ksimett T. Macuno and OB-GYN Department Chair Dr. Maria Delia R. Maluenda. Eight cases were scheduled for surgery – 1 case of ovarian new growth, malignant, 2 cases of endometrial hyperplasia, 3 cases of endometrial hyperplasia, 1 case of hydatiform mode and 1 case of myoma uteri.

Last March 7, 2019, the Committee on Community Service also officially launched the SGOP 35th Anniversary scrub suit. The scrub suit will be given for free to members who will be joining the Committee's activities for the year.

In the coming second quarter, 3 community service activities are scheduled: (1) March 22-23, 2019 at Koronodal, (2) April 6-8, 2019 at Isabela, and (3) May 18-19, 2019 at Samar.





Recharge (re-charge): to regain energy or spirit; to become charge again;

Our daily life routine have been bombarded with stress in our work and balancing with our family time. Burnout has been an unrecognized consequence. This is the time member of our society give time to themselves and with our family members.

The midyear event started with a surgical mission at Gov. Celestino Gallares Memorial Hospital in cooperation with their Medical Center Chief Dr. Mutya Macuno and Department of Obstetrics and Gynecology headed by Dr. Delia Maluenda. We had eight cases mostly early endometrial cancer. The team was headed by our President Dr. Jericho TP Luna with the committee head Dr. Ana de Echo and members from the Visayas region. This is when the mission challenge “pose“ continued. You’ve got to see it!

The invasion of Bohol started on the second day with the arrival of almost all active members through the airport. They came in big batches indeed and attire ready for the summer escapade. All had a sumptuous lunch in a local chicken deli before the “Suroy Suroy sa Bohol” started. First stop was in Chololate Hills with a beautiful view of the whole scenery at the top view deck. Selfie or groupie was the style with a nice landscape background. But the members of the CWC had to stay in the drop off area just passing their time and gasping the view. The next stop was at the Tarsier Conservation Area. Theories run around if one of us came from their species. We saw more than 10 of that cute cuddly mammals. After that we passed by the “man made forest” before reaching our final destination for our “Luay River Dinner Cruise”. Some of us have seen the fire flies for the first time and others were reminiscing their younger days when they have seen it. We were also entertained with a fire dance and its exclusive audience participation. It was just the first night and everybody had a blast already.

SGOP RECHARGE IN BOHOL!

Pherdes Galbo, MD
Regional Director, SGOP Visayas

ReCharge was programmed not only for the eyes and stomach but also for the mind. Our lectures were all light but they were reviews of the updated basics in our field. There was also an eye opener how many calories we consumed if we ate a burger and the likes. But nobody withhold their diets since we all declared it our “cheat days”.

Pinoy Olympics was the next item for the day. This was designed not only to go back to the pinoy games we love during our haydays but to develop our interaction as this was a team activity. Everybody participated even under the heat of the sun. All groups were at their competitive best. To make it more pinoy in style we had banana and camote que as our carbo source. This ended with a drone shot of the group. This was a first for such an activity.

The cap of our midyear was always the fellowship night dubbed “SGOP Goes Hawaii 5 ‘O”. Everybody was on their best lua attire. Everyone got their pinoy version of Balenciaga bags as give away of the Visayas group. There were local presentations to set the mode of the night. Everyone was on their feet during the presentation of the “Rampa of Batches”! Inhibitions were lost during the night but what the heck everybody enjoyed the party. It was a night to remember for the rest of our life.

Everything always has an end but the 2019 Bohol midyear was something for the records. It was not just a hype but a max level up for the next years organizers. All this with the unselfish and all out support of Visayas members: Dr. Evangeline Mercader, Dr. Patricia Coronel, Dr. Raymond Sulay, Dr. Helen Amorin and Dr. Ronald Capito. See you in Camiguin next year!







TUMOR REGISTRY: An IMPORTANT TOOL for SGOP

Lili Mae T. Cole, MD

The Tumor Registry is now on its third year of implementation after it was launched latter part of 2016. The need for a hospital-based registry based on histology is well recognized specially because of its impact on patient care which the existing community-based registry cannot provide. Thus the project was started January 2017 and continues unto the present time. Registering was made easy for the members because it is completely on-line with a user-friendly design readily accessible at our website. It has met a setback with the full implementation of Data Privacy Act but measures were taken by the Committee to ensure compliance with this law, the informed consent form and the data sharing agreement contract between participating hospitals and SGOP were also made available in our website.

As of May 2019, there is a total of 1,747 patients registered. The most common site is still cervix (1,047), followed by endometrium (415), ovary (189), corpus (13), vulva (10), vagina (7), fallopian tube (5) and peritoneal (1). Interestingly, the 2015 Philippine Cancer Facts and Estimates which is a community-based registry, have ovary as second and endometrium as third most common. Understandably, majority of the patients came

from the National Capital Region (57%) since all who registered their patients are from Manila. With regards to stage distribution: for cervical cancer Stage III is most common at 63%, for endometrium it is Stage I at 63%, Stage I also for ovarian cancer (55%).

The Committee will continue to strategize to increase registration and hopefully come up with important information on treatment and survival in the future.

Meet Your Informatics Committee

Christine Joy G. Garcia, MD

Almost everything now is at the tip of our fingers. Becoming global is within reach. Digital media has been integrated into our daily lives to keep us informed and updated.

Cue in SGOP Informatics Committee. This is headed by yours truly and is joined by the following: Angelito D.L. Magno, MD (Head, Website); Lilli May T. Cole, MD (Tumor Registry); Renee Vina G. Sicam, MD (Head, Library & Archive); Anna Katrina I. Sobritchea, MD (Head, YouTube Channel); Aileen P. Tomboc, MD (Head, Hymn Video); Merlind M. Morales, MD and Maria Constanca Y. Wylengco, MD (Members).

Just key in sgop.org.ph to view our society's latest calendar of activities, our past events, publications, tumor registry, links to international conventions, and so much more. Soon, our members will have an exclusive access to our YouTube channel through our website which features lectures of our conventions. So, go ahead, bookmark and add us to your homescreen, and enjoy scrolling through our pages. This is one way to keep us united, upgraded and empowered as the Society of the Gynecologic Oncologists of the Philippines.



CONTINUING MEDICAL EDUCATION

CABANATUAN CITY

Rommel Z. Duenas, MD

The Society of Gynecologic Oncologist of the Philippines (SGOP) shared relevant updates on the different topics on prevention, diagnosis and management of different gynecologic conditions and malignancies to the members of Philippine Obstetrical and Gynecological Society (POGS) Central Luzon Chapter (CLC). The members were very fortunate to learn from the distinguished speakers at the 4th Dr. Genara M. Limson 2019 CME Fourth Conference held last May 22, 2019 at Moments The Event Place, Sancianco Extension, Barrera, Cabanatuan City, Nueva Ecija spearheaded by the SGOP President Dr. Jericho Thaddeus P. Luna. The participants were representatives from different provinces of the chapter from Bataan, Bulacan,



SGOP CME Lecturers
Cabanatuan City, Nueva Ecija



Nueva Ecija, Olongapo-Zambales, Pampanga and Tarlac with the total of 116 participants.

It was a half day event that started with the welcome remarks given by POGS CLC Regional Director Emeritus Dr. Concepcion P. Argonza followed by opening remarks by the chapter



president Dr. Graciela A. Fuentes. The overview of the lectures was given by Dr Rommel Z. Dueñas, the chair of SGOP Continuing Medical Education. Five interesting topics were discussed. The first lecture delivered by Dr.

Rowena C. Soriano focused on the differential diagnosis and management of adnexal masses across different age group followed by Dr. Mark Q. Antonio on differential diagnosis of vulvar lesions. Dr. Andrea M. Gaddi gave emphasis on how to screen gynecologic malignancies and the last topic was discussed by the CME chair who gave an update on the new FIGO staging of cervical cancer. Luncheon symposium was discussed by the SGOP president who re-enforced the need of boosting the immune system from conception to senescence. An open forum was also done to culminate the

activity. These were made possible with the help of our sponsor from UAP.



CAGAYAN PROVINCE

By Scheryll Pua, MD

The SGOP hold on to its objective of sharing the knowledge and expertise outside of NCR. For its 2nd quarter activity, the CME was held in Region 2 in coordination with POGS Region II and it was the first time that the Region hosted such event. The conference is a two-day activity as requested by the POGS Regional to reach out for more Obstetricians in the area. This was also the launching of the Dr. Genara M. Limson CME Conference, in honor of one of the pillars of the society.

Echo, Dr. Genalin F. Amparo and Dr. Rowena C. Soriano.

On its first day, the conference was held at Cagayan valley Medical Center (CVMC), Tuguegarao City on April 6, 2019. About 40 attendees participated in the conference comprising of Obstetricians, Residents and Interns. The Chief of Medical Professional Staff, Dr. Cherry Lou Antonio, welcomed the speakers and the participants and was pleased that CVMC was considered as the venue for such activity.

For the second day, April 7, 2019, it was a simultaneous CME and Surgical Mission held at



The speakers were SGOP members from Manila, North and South Luzon, that despite the distance they have to travel, they accepted the task. Dr. Rommel Z. Duenas, the Chair of the SGOP CME, coordinated with the speakers and assigned the topics to be discussed. The energetic SGOP President Dr. Jericho Thaddeus P. Luna headed the speakers and they include Dr. John David V. Zamora, Dr. Ruth Judith Gay V. Cristobal, Dr. Ana Victoria V. Dy-

Southern Isabela Medical Center, Santiago City. Dr. Jose Idefonso B. Costales, the Medical Center Chief, welcomed the group and the participants. Attendees on this day were about 45 participants mostly Obstetricians and with few residents from Veterans Regional Hospital and Southern Isabela Medical Center. Dr. Ana Victoria V. Dy-Echo, Chair of the SGOP Community Service made sure that all the members would be able to perform a procedure.

Dr. Judith Cabanela joined the group for the surgical mission. The cases prepared were indeed very challenging and at the same time an opportunity for learning for the other members. A



was able to hold the conference in the area. The topics discussed, as relayed by some participants were very interesting and with all the updates given, it was indeed a fruitful one for their minds. They commended the members and are hoping that the society will continue to engage

day prior to the scheduled surgical mission, Dr. in future activities like this.



Melchor dela Cruz had conducted surgical procedures for the other patients included in the mission so as to lessen the cases to be done.

The participants in both Cagayan and Isabela who attended were delighted that the society

The two-day activity was made possible thru the generous support of UAP Phils. At the end of the activity, all the members though exhausted, were ecstatic with the outcome both of the conference and the surgical mission.

SGOP Reaches out to Davao

By Concepcion D. Rayel, MD

Thaddeus Luna, Community Service chair, Dr. Ana Dy Echo and CME chair, Dr. Rommel Duenas joined by volunteers, Drs. Richard Cacho, Yvonne Soriano, Leo Aquilizan, Carlos Sanchez, Grace Madis, Wilma Torres,

On March 23-24, 2019 the committee on community service, undertook a surgical mission in Koronadal, South Cotabato



simultaneous with lay lectures on cancer prevention and out patient cervical cancer screening. The indefatigable host was Dr. Myra Maduramente who synchronized surgeries in 3 separate hospitals in coordination with the



president of South Cotabato Medical Society headed by Dr. Ruth Wensyl Sampiano-Reginaldo, MD. The SGOP team was led by our president Dr. Jericho

Concepcion Rayel and Helen Yambao. Beneficiaries were patients from the following hospitals South Cotabato Provincial Hospital, Dr. Arturo P. Pingoy

Medical Center and Socomedics Medical Center . After the hectic surgeries , the first CME activity was also conducted with Yvonne Soriano giving an interactive lecture on



Differential and Management of Vulvar Diseases together with Dr. Richard Ronald Cacho who discussed the Differential and Management of Adnexal Masses on Different Age Group. The symposium was held in The Farm, Brgy Carpenter Hill Marbel

South Cotabato.

On March 25, 2019, the same team proceeded to Davao City to conduct the Dr. Augusto M. Manalo Tumor Conference (First Discussion) , a project of the committee on continuing medical education, spearheaded by Dr. Rommel Duenas. This was held at the Southern Philippines Medical Center, Mahogany Room. Dr. Edel Badilla ably discussed cervical lymphoma . Also Sharing their expertise were Dr. Sheila Ramos, Pathologist, Dr. Ma. Lourdes Lacanilao, Radiation Oncologist and Dr. Chit Matunog, Medical Oncologist. These activities were made possible through the selfless support of SGOP members and our partners from DKT and Mundipharma.



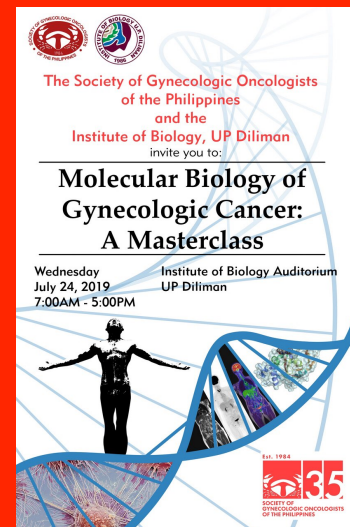
Molecules Behind a Masterclass

Renee Vina G. Sicam, MD
Chair, Masterclass



The idea for a masterclass in molecular biology came about while listening to the lectures of Dr Coleman during the 2018 annual convention. Despite a furrowed brow and intense concentration, I came to the conclusion that we needed a dedicated session to comprehend the molecular basis for these new cancer therapeutics. Ma'am Jayjay (Germar) and I shared the same thoughts to have an activity on this topic for the SGOP members and the fellows-in-training. Some time after, Dr Sia Su, overall chair of the 2019 annual, asked me for ideas for a preconvention workshop. So far, we had done two cytoreductive workshops and one laparoscopy workshop... perhaps it was time to go back to the classroom? Ma'am Lilibeth, chose molecular biology. With the support of our president, sir Ricky, the Molecular Biology of Gynecologic Oncology: A Masterclass would be the "workshop" in this year's annual.

I reached out to Prof. Ian Kendrick C. Fontanilla, geneticist and new Director of the Institute of Biology in UP Diliman, for help. Ian was my classmate in college (and he is also the son of an obgyn). I asked for recommendations for professors and scientists who could teach us these complex topics. He referred me to Dr. Michael Velarde, a scientist involved in the Philippine cancer phenome-biobanking system. We brainstormed on the lectures based on an outline conceptualized by ma'am Jayjay. We were able to put together the foremost scientists in the field of cancer and genetics in the country, namely, Bagamasbad, Ann Ipulan-Colet, Luisa De Asis-PhD, Ian Kendrick PhD, Michael C. Joyce A. Ibane, Ronald R. Matias, lecture on cancer the molecular c a n c e r Pia B. PhD, Lerie PhD, Ma. Enriquez, C. Fontanilla, Velarde, PhD, PhD and PhD. They will biology and basis of therapeutics.



Dr David Tan, a oncologist, was Carolyn Castro, committee chair, a n n u a l We asked him to the masterclass to give the clinical correlation to all lectures of the day.

The Institute of Biology has a spacious auditorium and is located in the beautiful UP Diliman campus. We hope the SGOP members and fellows-in-training will learn a lot from this masterclass, and at the same time, have the UP Diliman experience.