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We did not choose to write off 2020, we did not lose heart. We continued to answer the vision and mission of our SGOP. Let us believe that life is always good and we can choose to do good.

MARIA LILIBETH L. SIA SU, M.D. President, SGOP

PLEASE VOTE.

THE ELECTORAL

PROCEDURES WILL BE

OUT SOON.

Message from the President

Greetings!

The new year is fast approaching! As we look back, 2020 has been a year filled with challenges from the deadly COVID-19 pandemic and the natural calamities that beset our country.

It has been a difficult year but our society has been blessed with so many talented individuals and these trying times have brought out the best in each and everyone.



REGIONAL NEWS

How did our regions cope with the pandemic? The three Regional Directors presented their experiences in their respective regions.



RE-LIVE THE CAMIGUIN EXPERIENCE !

"SGOP,SGOP...", the event of the year, before the pandemic clobbered the country

The BUSY CME with their jampacked events! Sharing our expertise is one of our goals, with or without COVID-19.



THE SGOP Community Service

We only had ONE Community Service Outreach Project this year. But it was ALL worth it!



The SGOP WEBINAR SERIES

The Annual Convention was missed this year, but our Society never failed to deliver the best lectures that are essential to the practice of the generalists! My heartfelt thanks to the members of the Board and their 'techy' committee members for performing beyond expectations all the activities and programs for 2020.

We did not choose to write off 2020, we did not lose heart. We continued to answer the vision and mission of our SGOP. Let us believe that life is always good and we can choose to do good. We can choose to set our differences aside and move on towards a new and brighter future. As we move forward, let us not forget to always thank God the almighty for all the

blessings that we reap! Have a blessed year! # V SGOP.

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REGIONAL NEWS



GYNECOLOGIC ONCOLOGISTS IN NORTHERN LUZON DURING THE COVID-19 PANDEMIC: OUR EXPERIENCE, INSIGHTS and COPING STRATEGIES. Jimmy A. Billod, MD, MHCA SGOP Regional Director, NORTHERN LUZON Medical Specialist III Baguio General Hospital and Medical Center

March 16, 2020, entire Luzon was placed on enhanced community quarantine in effect enforcing lockdown on the island, restricting

movements of the population. Due to rising number of cases, ECQ was extended until June 1. So it's almost 8 months from the initial lockdown, but the feeling of anxiety and ambivalence dwells, recreates and persists among US. Covid-19 has had a momentous influence in Gynecologic Cancer Care. I would like to share my experience in my hometown of practice, Cordillera Administrative Region.

Elective surgeries were suspended for almost two and a half months. Check-ups were shifted to primarily teleconsultation. For patients coming from other Regions, chemotherapy and radiation were interrupted due to lockdowns and border restrictions. When operating rooms opened, malignancy cases were prioritized. Standard Operational protocols requires RT-PCR on all patients undergoing surgery, and subsequently, all patients prior to chemotherapy and radiotherapy. Treatment costs heightened due to

Gradual easing of border restrictions allowed patients to travel for treatment, but sadly, conditions of some patients progressed. It is heartbreaking to feel the anxiety and despair of patients and their relatives concerning their cancer. I feel that our present situation illuminates the need for every Region to improve and strengthen Access and Provision of Cancer Care, especially for indigent patients.

Let me impart the "Stories and Insights" of our fellow Gynecologic Oncologists of Northern Luzon during this pandemic.



"The Covid 19 pandemic has brought about modifications in the management system of my gynecologic oncology practice. The number of cancer patients in private practice seems to have increased during this time of pandemic because patients would prefer to be managed in private hospitals rather than in government institutions. Surgical procedures for endometrial and ovarian cancers have to be facilitated because of severe signs and symptoms like profuse vaginal bleeding, sudden abdominal enlargement, etc. I request for RT-PCR test prior to surgery but if not done, I still have to proceed with the procedure on an ideal set up including strictly wearing of appropriate PPE. For chemotherapy, the patients have to pass through the triage and should have RT-PCR test but with or without the swab test result I end up giving the chemotherapy strictly with appropriate PPE. I practice telemedicine mainly for follow-up cases." – **Dr. Melchor Dela Cruz, Jr, Isabela**



"All elective operations stopped when the lockdown was implemented around last week of March being high-risk and a NIDDM. Ovarian cancer patients were offered neoadjuvant chemotherapy prior to tumor debulking to buy time, documented by positive cytology on paracentesis or those frankly malignant by ultrasound or CT. Endometrial cancer operations were postponed unless frankly bleeding, they were offered radiotherapy. It was only when

the lockdowns eased sometime late May operations resumed. Negative rapid test and eventually PCR test required. Cervical cancer patients were least affected as concurrent chemoradiation for all stages delivered continuously." – **Dr. Victorino Garcia, Pangasinan**

"The pandemic added to the challenge in managing gynecologic malignancies. Majority of patients were hesitant to go to the hospital and tried personal remedies first until the symptoms were already severe prior to consultation. We reached to them by setting up Telehealth consultations, lay fora and resumed face-to-face consultation with caution." - **Dr. Rowena Soriano, Tuguegarao City** "I adjusted to the pandemic by limiting clinic hours and focusing on cancer patients. Sourcing PPE's, alcohol, masks, face shields and the like, is now a hobby. Collecting Lysol products are the norm. Finally, taking joy in simple things helped with the daily anxiety of bringing the pandemic home." – **Dr. Andrea Gaddi, Pampanga**

Yes indeed, the Covid-19 Era brings about common experience and challenges across Regions, BUT it uncovered positive insights and realizations about life and its genuine purpose.

> Т h е COVID-19 pandemic is once-in-alifetime experience. It has changes and put our regular lives to a halt. It is huge stressor which triggered our fears and uncertainties. But no matter h 0 w

> unfortunate



this event is, there are upsides as well. This incident made us realize the basic concepts of life: what we are here for, what we have done with the opportunity give to us, who are the people that matter to us and what are the things we truly cherish. It's appalling to imagine how we have focused so much on procuring wealth, status and power. As the days have gone by, we are able to understand the value of freedom- freedom to move and freedom to live in security. So now, we appreciate our most essential needs and we have to make use of our assets and potential to serve our greatest purpose"- **Dr. Gizelle Samonte-Alfonso, Laoag City**

We are the GOs here in Northern Luzon, and this is Our Story.

WHAT HAPPENED IN SOUTHERN LUZON DURING THE COVID-19 PANDEMIC - the Gynecologic Oncologist Experience

Limavel Ann M. Veloso, MD SGOP Regional Director, SOUTHERN LUZON



Cancer care has always made an impact on our healthcare system. The COVID 19 pandemic in Quezon and nearby provinces has magnified this condition. The lack of means of transport, community lockdowns and decreasing number of outpatient consults and inpatient care further add up to the eternal problem of limited facilities and finances in our area.

The Society of Gynecologic Oncologist of the Philippines established aggressive programs directed to early cancer detection and surveillance, however, with the COVID 19 pandemic situation, we encounter more aggressive disease now at the initial consult. We worry more on having untreated malignancy. This we refer to as "collateral damage", as more advanced cases are seen with associated morbidity and eventual mortality at the onset. Patients likewise come in with mental health issues, as their depression and anxiety are compounded with this international situation.

As healthcare provider, it grieves us to see our patients helpless and without hope. It is truly depressing when we aim to render early cancer intervention, but our help is curbed by the COVID 19 pandemic. It draws away the chance of our patients to feel better, be better, and to enjoy life as usual. But we can only do our best, as always. We never left. We find the ways. We continue to be passionate of our profession. At the moment we all hope and keep our faith in the availability and effectiveness of the coming vaccines.



Adjusting and surviving the Pandemic: In my own words - The VISAYAS Experience Pherdes E. Galbo, MD SGOP Regional Director, Visayas

The pandemic has indeed affected every aspect of everyone's life. I have always

believed that everything happens for a purpose. Humanity has given a time out so we were able to spend more time with our loved ones, given every reason to be healthy and the opportunity to reflect on what are the more important things in life and cherish them. I hold on to the hope and faith that things will be better soon. Our Lord has taken cared of humanity in the last 2,019 years. There is no reason He will not this time around. **(Raymond S. Sulay, MD)**





Unprecedented times, unprecedented memories! Going to work (clinic, rounds and OR) is like going to the moon. Had more bonding moments with the family and had fun cooking for the front liners and more challenged brethren. More knowledge shared and received with the countless webinars. Life went down to basics. (Mary Lilia Bernadette V. Tinio, MD.)

Caring for gyn onco patients continued at a bit slower pace throughout the pandemic. We followed protocols and safety requirements imposed by the respective hospitals, most especially by



the cancer center where our radiation treatment is located and in our IV therapy units. Gyn onco surgeries for service patients were the only elective ORs for our residents at the time which gave us more chances to teach them intraoperatively. (Maria Lora Cabrera-Tupas, MD)

I think cancer patients were the one of the hardest hit group of patients because of the pandemic. Restricted access to healthcare caused considerable delay in treatment and most patients were seen with advanced disease. Getting the hang of doing long surgeries in cumbersome PPEs was also something gynecologic oncologist had to contend with. **(Rose Joy C. David Vallega, MD)**



Helping when we can. Spending more time with the family. Teaching always. Surviving beautifully. *(Patricia Ann S. Coronel, M.D.)*

Just like the rest of the medical community, gynecologic oncologists abided by the basic safety measures during this pandemic which include wearing the prescribed PPE, following correct donning and doffing procedures, constant and consistent hand hygiene, maintaining social distancing, limiting patient contact to under 30 minutes, use of tele-





consultation, and most of all, praying for protection and guidance in everything that we do.. Despite the inconveniences, expense and added effort in following these safety protocols, we recognize that these are essential to our practice and may even be life-saving as we continue to render service to our patients. (Helen **R. Amorin, MD**)

Life stand still for a moment. Uncertainties. But we have to move on. N95 and other precautions are a necessity. Health and family are first. Service and teaching helps remind us of our reasons to be alive. This will pass. **(Pherdes E. Galbo, MD)**

The MINDANAO EXPERIENCE - Gynecologic Oncologists' Practice During the Pandemic

Concepcion D. Rayel, MD SGOP Regional Director, MINDANAO





It was providential that many regions including those in Mindanao were initially spared from COVID 19. The threat however



and was real to be made. Civil the health sector. individually sent help designated hospital institutions in Davao antiviral solutions, PPEs workers despite the accessing such commodities scarce Contributions were fatigued frontline Most important continuation of



preparations had society assisted Members of SGOP to the Covid and other by providing, for health care difficulty of precious' and at that time. given to nourish workers. however, was services to our cancer patients. Surgery, EBRT, Brachytherapy and Chemotherapy were made available despite the disruption in personal and professional activities. (fotos, chemo, brachy) Of late, the pandemic has affected the different regions, mainly Davao city. With a better understanding of the behavior a n d management of the disease, we are better prepared to handle the challenges in the ' new





normal '.. Reaching out , not only to our care centers but to the community as well.





SOCIETY OF Gynecologic oncologists of the philippines



An exemplary organization of gynecologic oncologists and specialists of related disciplines committed to the continuous upgrading of the standards of practice, teaching, research in the field of gynecologic oncology in the Philippines



PMA AWARD FOR THE SUBSPECIALTY SOCIETY WITH THE MOST OUTSTANDING PROJECT 2020



NATIONAL AWARDS / ACHIEVEMENTS OF THE SOCIETY OF GYNECOLOGIC ONCOLOGISTS OF THE PHILIPPINES



Honoria Acosta-Sison Award of Merit for Research

Cecilia A. Lladines-Llave, MD, PhD

SGOP ROCKIN' IN CAMIGUIN !













SGOP Continues to Serve Amid the Pandemic



Carolyn R. Zalameda-Castro, MD, MSc

The SGOP Committee on Community Service had 5 regional surgical and cervical cancer screening missions planned for the year. I remember how our members excitedly enlisted themselves as volunteers. In less than an hour from the time of posting in our viber group, the slots were filled up and still many asked to be wait-listed! Sadly, because of the pandemic, a lot of our society's planned



activities had to be cancelled or postponed indefinitely. Even our outreach activities had to be set aside. Fortunately, we were still able to hold one surgical and VIA mission prior to the lockdown.



On March 5, 2020, our society successfully held a pre-convention surgical and VIA mission in Camiguin. Sirs Ricky, Cacho and Rommel, Mams Lilibeth, Jean, Grace, Doris and Teng, Ana, Mark and I flew to Camiguin the day before. We were met by the Camiguin Team, namely Mam Marius, Caloy, Quenny, Bains and Char, who coordinated with the provincial hospital and the

local government unit to facilitate the mission. The entire team divided into 2 groups: one group did surgery on 1 patient with ovarian malignancy and 4 patients with myoma; another group gave a lay lecture to 238 attendees and did cervical cancer screening and clinical breast examination on 105

women, clinical breast examination alone on 16 women, cervical biopsy on 7 patients and cryotherapy on 5 women.

Since it did not seem like the current situation is easing up in the near future, the board of directors made the difficult decision of calling off the next 3 surgical and VIA missions, specifically in Roxas City-Boracay, Iloilo-Bacolod and Tacloban. We hope and pray that the situation will be



better in the last quarter of the year so that the CDO-Valencia-Malaybalay-Digos-Davao City leg can

push through. (This article was submitted during the first half of the year. All the scheduled missions were cancelled eventually - editor)

The pandemic may have disrupted our grand plans for this committee but it definitely did not dampen the SGOP spirit of service. This fervor channels our energy into creative and innovative endeavors focusing on educating the women. The SGOP Infographics on Management of Gynecologic Malignancies in the Pandemic is a testament to this. The infographics were translated into seven dialects through the efforts of our members in the various regions:

| Tagalog | - | Dr. Carolyn R. Zalameda-Castro | | |
|---------------|-----|---|--|--|
| Bicol | - | Mr. Victor Dennis Tino Nierva through Drs. Alma | | |
| | | Bresnan and Dinah Marion Brazal | | |
| Bisaya | - | Dr. Cailyn De Vera (PGH Fellow) | | |
| Hiligaynon/ | / | | | |
| Ilonggo | - | Dr. Ronald Lanz Latap | | |
| Kapampangan - | | Mrs. Purificacion Facun and Mrs. Rosalinda Canlas | | |
| | | through Dr. Gladdy Maura Facun | | |
| Ilokano | - | Mr. Leonardo D. Tejano through Dr. Gizelle Samonte- | | |
| | | Alfonso | | |
| Pangasinens | se- | Mr. Jerry Guico through Dr. Lilia Tinio | | |
| | | | | |
| Lav-out arti | st- | Dr. Gladdy Maura Facun | | |



We hope that you find these infographics useful in educating your patients about the course of their treatment in these times.

As a sneak preview, meet the characters of our upcoming comics on wellness....



SGOP Infographics useful in educating your patients about the course of their treatment in these times.



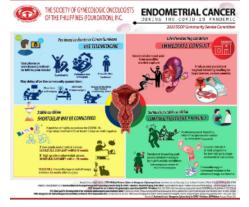
CERVICAL CANCER





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THE SOCIETY OF GYNECOLOGIC ONCOLOGIST: OF THE PHILIPPINES (FOUNDATION), INC.





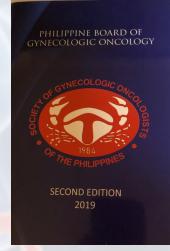
The Philippine Board of Gynecology (PBGO) Looks into the Gynecologic Oncology Training Programs and their Trainees

Jean Anne B. Toral, MD, MSc PBGO Secretary, 2020

True to its vision in ensuring quality standards of education, training and research that will lead to the best possible health care for our gynecologic cancer patients, the PBGO of 2019 headed by Dr. Efren

Domingo with members Dr. Ma. Cynthia Tan and Dr. Mary Cristine Palma and secretary Dr. Julieta Germar planned the visits to the 2 Gynecologic Oncology training programs in the country, the Philippine General Hospital and the Jose Reyes Memorial Medical Center, in January of 2020. The visit was meant for re-accreditation of the two programs. The validity of the re-accreditation is for 4 years. The 2 institutions fulfilled the requirements and got re-accredited up to December 2023. Formative visits are planned though after a year from the initial visit to check on certain aspects of the evaluation which needed improvement for both training programs.

The PBGO 2020 has for its members Dr. Efren Domingo as head with members Dr. Mary Christine Palma and Dr. Julieta Germar. Dr. Jean Anne Toral now serves as secretary. PBGO will continue its mission of certifying proficient gynecologic oncologists in accordance



with the highest quality standards of education, training, and research that will ensure optimal care of the country's gynecologic cancer patients and accrediting fellowship training programs with the standards set by the Society of Gynecologic Oncologists of the Philippines.

The current functions and guidelines for certification of trainees, accreditation and reaccreditation of training programs of the PBGO are found in the second edition of its Handbook which was published in 2019.



The Relevance of a Unified TUMOR REGISTRY By Lilli May T. Cole, <mark>MD</mark>

The Tumor Registry is now on its fourth year of collecting data on gynecologic cancer. Early this year, an organizational meeting was held together with the president, Dr Lilibeth Sia Su, to discuss plans to increase participation of members in the Registry. One of the problems identified was the data privacy issue. It was resolved then that registration of the society to the National Privacy Commission, in compliance with the Data Privacy Act, will be done this year. This will entail holding a data privacy workshop, privacy impact assessment, review of the data processing

systems and data breach management, and the drafting of the data privacy manual. However, ECQ happened, hence the processing of the registration was postponed indefinitely. The emergence of the virtual platform enabled a lot of activities to be carried out during the pandemic. And fortunately, the workshop will be one of them. It will finally be conducted this December 4, 2020 via Zoom and will be facilitated by Abad Abad and Associates. All members are enjoined to attend so we will all learn about data privacy.

The three-year statistics (2017-2019) from the Registry was also presented last March 6, 2020 during the Midyear Convention in Camiguin. As of December last year, we already have 2,223 registered patients, with cervix comprising 58% of cases followed by the endometrium at 28% and ovary at 12%. Only the demographics, stage distribution, and the like were culled from the data. Hopefully with the compliance of the society to the Data Privacy Act, more members will be encouraged to join. For those who are interested, you can sign up at https://sgop.org.ph/registry. The consent form, memorandum of agreement and data sharing agreement can also be accessed through our website.



Continuing Medical Education Committee Steps Up to the Challenge Amid the COVID-19 Pandemic

Mark Q. Antonio, MD

The dissemination of basic and advanced knowledge in gynecologic cancer is deeply ingrained in our Society's mission. We have consistently endeavored to reach the far-flung provinces in the country to deliver up-to-date lectures and awareness drives focusing on *the prevention and treatment of common gynecologic malignancies* to ensure that proper information reaches the grassroots level and the vulnerable sectors.

The year 2020 has placed the world in a challenging situation -- almost halting all facets of living including delivery of ample medical care and medical information. The present condition may have slowed down our movement but never did it bar us from performing our duties. In fact, the Committee on Continuing Medical Education (CME) has constantly powered through the situation in order to deliver relevant and substantial information and updates to its members and the general gynecologists.

To keep the Society of Gynecologic Oncologists of the Philippines (SGOP) members adept with the latest in the practice, a lecture series was initiated by the Society. Management options for ovarian (April 27, 2020), endometrial (April 29, 2020) and cervical cancer (May 1, 2020) were discussed by three of the veteran lecturers of the Society namely, Dr. Richard Ronald B. Cacho, Dr. Maria Julieta V. Germar, and Dr. Jericho Thaddeus P. Luna. Insights on the interim guidelines and updates on management of the most common gynecologic malignancies in time of COVID-19 were provided to the attendees.

The pandemic has made the delivery of medical care such as surgery, chemotherapy, and radiation



Benjamin Cuenca

Lanz Latap



treatment to gynecologic malignancy patients extremely difficult. Not to mention, outpatient care, follow-ups, and other medical management activities have also been subjected to the same struggle. To address this emerging concern, the CME came up with a lecture series that aims to highlight various strategies that could aid the SGOP members in treating or managing their patients during, and even after, the COVID-19 pandemic.

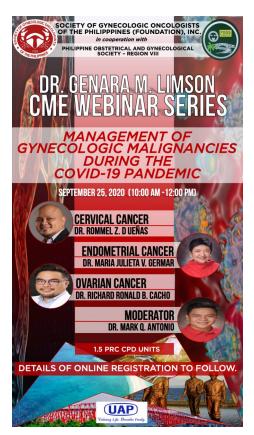


Dr. Angelito DL Magno lectured on the use innovations like online consultations with the topic, "The use of Telemedicine: Follow-up of Gynecologic Cancer Patients, Are There Changes Because of COVID-19". He proposed that the members explore platforms such as this in order to provide the best medical advice despite the new normal setup. While Dr. Richard Ronald B. Cacho, the techie-savvy POGS Regional director, shared that a highly functional and organized electronic medical record system will make teleconsultation easier on his lecture about "Optimizing Clinical Setup Experience through Paperless Record System". Paperless clinic setup limits contacts with patients and doctors which also lessens the risk of contracting virus. Finally, "Best Practices in Ob-

Gyne Outpatient Clinic during the COVID-19 Pandemic" was shared by Dr. Christine Joy

Garcia. According to her, it is best to treat everyone, as carriers of COVID-19 virus and to remain vigilant.

Recognizing the fact that optimal cancer management does not solely rest on specialists, the Committee decided to empower general obstetricians and gynecologists to become our partners in the care of gynecologic cancer patients. The Dr. Genera M. Limson CME lecture Series was launched with the aim of educating the general obstetrician and gynecologists across the country on treatment options in the management of gynecologic malignancies in time of COVID-19 pandemic, especially the three most common malignancies namely, cervical cancer, endometrial cancer, and ovarian cancer. These were comprehensively



discussed by Dr. Rommel Z. Dueñas, Dr. Richard Ronald B. Cacho, and Dr. Maria Julieta V. Germar, respectively.

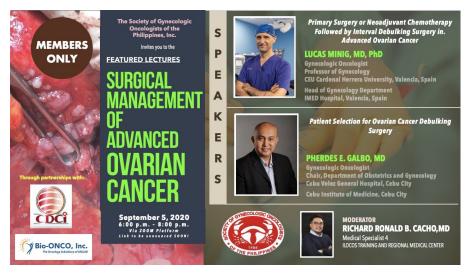
The first lecture series was co-hosted by POGS Region I under the leadership of Regional Director, Dr. Richard Ronald B. Cacho together with POGS Region II and III on August 8, 2020. On the other hand, the September 12, 2020 lecture series was co-hosted by POGS Region IV led by Regional Director, Dr. Irma Velarde along with POGS Regions, V, VI, VII and the National Capital Region. The final leg of the series was conducted on September 27, 2020, the lecture series was co-hosted by our friends from POGS Region VIII under Dr. Elizabeth N. Nochete joined by POGS Regions IX, X, and XI. The Regional CME series received overwhelming support from its attendees. Colleagues from all over the



country have expressed their appreciation of holding such an event.

One of the most challenging surgeries in Gynecologic Oncology is the management of advanced ovarian cancers. The "back-breaking" surgery should be carefully weighed on its pros and cons, especially in light of the pandemic.

On September 5, 2020, SGOP members were enlightened on best treatment options on the management of advanced ovarian cancers. The CME has prepared



relevant topics and tapped the best speakers to deliver the topics: proper patient selection, primary debulking surgery, and neodajuvant chemotherapy. Surgical management of advanced ovarian cancer was aptly discussed by a renowned Gynecologic Oncologist from Valencia, Spain, Dr. Lucas Minig. He emphasized the importance of achieving

maximal debulking among patients with advanced ovarian cancer. An equally impressive lecture on Primary Surgery or Neoadjuvant Chemotherapy followed by Interval Debulking Surgery in Advanced Ovarian Cancer was delivered by Dr. Pherdes Galbo. Lastly, Dr. Richard Ronald B. Cacho adequately discussed patient selection for ovarian cancer debulking surgery.

The CME also had the opportunity to work with our mother Society during the



POGS Annual Hybrid Convention. SGOP opened the series of pre-congress webinars with Q & A IN GYNECOLOGIC ONCOLOGY, in October 3, 2020. Again, Dr. Lucas Minig delivered a world-class lecture on one of the most frequently asked question regarding risk reducing bilateral salpingooophorectomy. On the other hand, Dr. Jean Anne B. Toral took us back to the basics of genetics with her lecture, "Genetic Testing for Gynecologic Cancers: Which Ones?" And to cap off the pre-congress webinar, the timely question of performing surgery amidst the COVID-19 pandemic was answered by Dr. Richard Ronald B. Cacho with his lecture on "Who, What, When to Operate During the

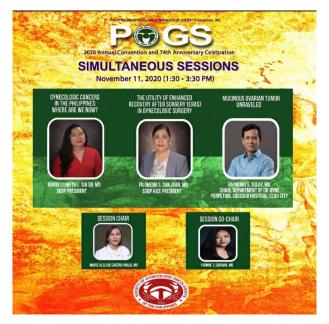
C O V I D - 1 9 Pandemic".

To finish strong, the CME has prepared an e x c i t i n g

simultaneous session during the POGS Annual Hybrid Convention. It featured the lectures of three outstanding gynecologic



oncologists from our Society which included none other than our President, Dr. Maria



Lilibeth L. Sia Su, our Vice President, Dr. Filomena S. San Juan, and one of the best gynecologic oncologists from Cebu City, Dr. Raymond Sulay. Dr. Sia Su gave us a comprehensive picture of gynecologic cancer treatment in our country at the present time with her lecture on "Gynecologic Cancers in the Philippines: Where Are we Now?" On the other hand, Dr. San Juan extensively discussed ways to improve surgical outcomes of our patients with her lecture on, "The Utility Of Enhanced Recovery After Surgery In Gynecologic Surgery". And finally, Dr. Sulay shed light and unraveled the mysteries and enigma in the proper management of mucinous ovarian tumors.

The SGOP recognizes the vital role it plays in keeping its members and also the general gynecologists abreast with the best management for our patients. As part of its commitment to delivering the best care the Filipinas deserve, SGOP aims to continue devising ways and exhausting all possible means to keep up with the changing demands of time, especially now that the world is placed in a difficult situation.



Our very own, one of our PAST PRESIDENTS, will become the **PRESIDENT** of the **Philippine Obstetrical and Gynecological Society** for the year 2021

The SOCIETY OF GYNECOLOGIC ONCOLOGISTS OF THE PHILIPPINES

congratulates BENJAMIN D. CUENCA, MD Past President, SGOP

> For being the PRESIDENT-ELECT of the PHILIPPINE OBSTETRICAL AND GYNECOLOGICAL SOCIETY

for the year 2021





PHILHEALTH AND AMENDMENTS CONCERNS

ESTHER RHADAMANTHINE V. GANZON, JR, MD



was the year of the pandemic brought about by the SARS Cov-<u>19.</u>

The Philhealthand Amendments Committee of the SGOP contributed to the drafting and passing of the SGOP Proposed Revision of Philhealth Case Rates last May 2020. The submitted propositive was eventually adapted by the POCS. The Proposed Revision of Case Rates included the added cost of swabbing and PPE on top of the existing case rates thathave been in place since 2009. There were additional proposed increased rates to rally gynecologic oncology procedures with a mark up! of 40 % and 60% respectively. **TOTAL COST OF PPE USE BASED ON THE NUMBER OF MEMBERS OF THE SURGICAL TEAM**

| | PPE COST | PCR TEST OF PATIENT | TOTAL |
|-----------|---------------|---------------------|---------------|
| PERSON | PHP 1,375.00 | PHP 4,000.00 | PHP 6,500.00 |
| 2 PERSONS | PHP 2,750.00 | PHP 4,000.00 | PHP 7,875.00 |
| 3 PERSONS | PHP 4,125.00 | PHP 4,000.00 | PHP 9,250.00 |
| 4 PERSONS | PHP 5,500.00 | PHP 4,000.00 | PHP 10,625.00 |
| 5 PERSONS | PHP 6,875.00 | PHP 4,000.00 | PHP 12,000.00 |
| 6 PERSONS | PHP 8,250.00 | PHP 4,000.00 | PHP 13,375.00 |
| 7 PERSONS | PHP 9, 625.00 | PHP 4,000.00 | PHP 14,750.00 |

2020

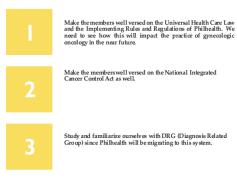
Likewise, the committee added new gynecologic oncology procedures that are not yet included in the current list of procedures with RUVs. These are the following:

| 300E | ADDITIONAL PROCEDURES NOT YET DESCRIBED IN PHILHEALTH | CASE RATE | PPE COST | TOTA |
|------|--|---------------|---------------|--------------|
| | | | | |
| | DISSECTION OF RIGHT UPPER QUADRANT WITH LIVER MOBILIZATION | PHP 58,800.00 | PHP 14,750.00 | PHP 73,550.0 |
| | PERITONEAL STRIPPING, RIGHT DIAPHRAGHM | PHP 58,800.00 | PHP 14,750.00 | PHP 73,550.0 |
| | PERITONEAL STRIPPING, MORISSON'S POUCH | PHP 58,800.00 | PHP 14,750.00 | PHP 73,550.0 |
| | PERITONEAL STRIPPING, LEFT UPPER QUADRANT | PHP 58,800.00 | PHP 14,750.00 | PHP 73,550.0 |
| | DISSECTION, TUMOR RESECTION, PORTA HEPATIS | PHP 58,800.00 | PHP 14,750.00 | PHP 73,550.0 |
| | DISSECTION , TUMOR RESECTION, LESSER OMENTUM | PHP 58,800.00 | PHP 14,750.00 | PHP 73,550.0 |
| | DISSECTION, TUMOR RESECTION, LEFT UPPER QUADRANT WITH OR WITHOUT SPLENECTOMY | PHP 58,800.00 | PHP 14,750.00 | PHP 73,550.0 |
| | RESECTION WITH OR WITHOUT ANASTOMOSIS OF THE RECTOSIGMOID IN OVARIAN CARCINOMA | PHP 58,800.00 | PHP 14,750.00 | PHP 73,550.0 |
| | EXTENDED PELVIC LYMPHADENECTOMY TO INCLUDE COMMON ILIAC NODES | PHP 58,800.00 | PHP 14,750.00 | PHP 73,550.0 |
| | EXTENDED PELVIC LYMPHADENECTOMY TO INCLUDE PARA SACRAL NODES | PHP 58,800.00 | PHP 14,750.00 | PHP 73,550.0 |
| | REPAIR OF DIAPHRAGMATIC DEFECT | PHP 58,800.00 | PHP 14,750.00 | PHP 73,550.0 |
| | RADICAL VAGINAL HYSTERECTOMY WITH EXTRAPERITONEAL LYMPHADENECTOMY | PHP 55,000.00 | PHP 14,750.00 | PHP 69,550.0 |
| | PAP SMEAR, CONVENTIONAL | PHP 1,000.00 | NA | NA |
| | PAP SMEAR, LIQUID BASED | PHP 1,800.00 | NA | NA |
| | VISUAL INSPECTION WITH ACETIC ACID | PHP 1.800.00 | NA | NA |

Along with this short report, we will be attaching the SGOP PROPOSED REVISION O CASE RATES.

Thank you for this opportunity.

Recommendations



SGOP WEBINAR SERIES

The SGOP webinar series was planned and organized by the Annual Organizing Committee with the support of the Board of Trustees . There were three runs, namely: Part 1 (Cervix), Part 2 (Endometrium) and Part 3 (Ovary and Breast Diseases).



Preoperative Workup Diagnostic and Management for Suspected **Therapeutic Algorithm** Algorithm for Women **Ovarian** Cancer for Ascites with Breast Complaints Reynaldo O. Joson. MD Lilli May T. Cole, MD Yvonne T. Soriano, MD Filomena S. San Maria Lilik Jennifer O. M 1 PRC CPD UNIT. ZOOM webinar registration link to follow. KALBE ONCALLOGY



The chair , Dr. Filomena S. San Juan, would like to express my sincere gratitude to the hard work and dedication of the organizing committee:

Dr Filomena S. San Juan Dr. Maria Lilibeth L. Siasu. Convention Chair Honorary Chair Dr. Maria Julieta V. Germar Dr. Maria Constancia Y. Wylengco. Dr. Carolyn R. Zalameda-Castro. Dr.Jean Anne B. Toral.

Dr. Richard Ronald B. Cacho.

Dr.Renee Vina G.Sicam Dr. Ana Victoria V. Dy Echo Dr. Angelito D.L. Magno. Dr.Merlind M. Montinola-Morales. Dr. Jennifer O. Madera Dr. Jonalyn G.Bagadiong. Dr. Mark Q. Antonio Dr. Andrea M. Gaddi. Dr. Doris R. Benavides Dr. Genalin A. Amparo Dr. Rommel Z. Dueñas Dr. Anna Katrina I. Sobritchea Dr. Ester Rhadamanthine V. Ganzon Dr. Marie Aleli R. De Castro Dr. Victoria N. Sy-Fernando. Dr. Aileen P. Tomboc

Convention Secretary Asst. Convention Secretary Chair: Scientific Comm. Treasurer, and Co-chair Scientific Comm. Chair: Preconvention Masterclass Co-Chair: Masterclass Chair: Ways and Means Chair: Exhibits Co-Chair Chair: Physical Arrangement Co-Chair Chair: Registration Co-Chair Chair: Program-Invitation Co-Chair Chair: Souvenir Program Co-Chair Chair: Socials Co-Chair Chair: Hospitality Co-Chair

SCORPION TRIAL



Randomized trial of primary debulking surgery versus neoadjuvant chemotherapy for advanced epithelial ovarian cancer (SCORPION-NCT01461850)

Anna Fagotti ¹,^{1,2} Maria Gabriella Ferrandina,^{1,2} Giuseppe Vizzielli,¹ Tina Pasciuto,³ Francesco Fanfani,^{1,2} Valerio Gallotta,¹ Pasquale Alessandro Margariti,¹ Vito Chiantera,^{4,5} Barbara Costantini,¹ S. Gueli Alletti,¹ Francesco Cosentino,⁶ Giovanni Scambia^{1,2}

► Additional material is published online only. To view please visit the journal online (http://dx.doi.org/10.1136/ijgc-2020-001640).

HIGHLIGHTS

- Primary debulking surgery and neoadjuvant chemotherapy have superimposable survival outcome in advanced epithe-
- lial ovarian, fallopian tube or primary peritoneal cancer patients with high tumor load.

 Primary debulking surgery and neoadjuvant chemotherapy have different toxicity outcomes.
- Residual tumor is the main prognostic factor at any surgery (either primary surgery or interval surgery).

Original research

SCORPION was designed to test the superiority of NACT to primary surgery in patients with extensive peritoneal disease as ascertained by laparoscopic scoring. The study was powered for a HR of 0.6 favoring longer progression-free survival after NACT. Similar PFS was seen with both arms -- 15 months for primary surgery vs. 14 months for NACT (HR 1.05, p=.73). Overall survival also similar (41 vs. 43 months; HR 1.12, p=.56), and residual disease was significantly associated w/ survival.



DR. AUGUSTO M. MANALO TUMOR CONFERENCES 2020

Ana Victoria V. Dy Echo, MD, MHPEd

Everyone agrees that 2020 was such a challenging year. But for the Committee on Tumor Conference, 2020 also had a positive turn and was about a lot of FIRSTs. From being a regional activity, usually limited to doctors affiliated in a

chosen hospital or region, the SGOP Tumor Conference has gone national, attended by doctors from all over the country through a webcast platform. From being attended by an average of 50-100 attendees, the conference recorded its highest number of attendees at 611.

The Committee on Tumor Conference, headed by Dr. Ana Victoria V. Dy Echo, with its members Dr. Anna Katrina I. Sobritchea, Dr. Angelito dL. Magno and technical support Dr. Mark Q. Antonio, prepared 3 activities for the year. The multidisciplinary conferences were well attended, not only by obstetrician-gynecologists and gynecologic oncologists, but by other specialists as well, depending on the topic discussed.



The first activity was held last July 17, 2020 with the topic "Growing Teratoma Syndrome". The presentor was Dr. Jaynet C. De Castro-Tan, our gynecologic oncologist from Tarlac City. She presented her own personal case, a case of a mature cystic teratoma which behaved very similar to a malignancy. The reactors were specialists who co-managed her case – Dr. Joseph Cabantog, an interventional radiologist, and Dr. Jason Rafael A. Maddumba, a hepatobiliary surgeon. Dr. Jonalyn G. Bagadiong moderated the activity. This activity, which was sponsored by Merck Sharp and Dohme Corp. (MSD), was attended by 611 physicians.

The second activity was held last September 25, 2020 with the topic "Management of Ovarian Tumor in the Adolescent". The case presented and discussed by Dr. Anna Katrina I. Sobritchea, our gynecologic oncologist from

Quezon City, was a case managed at the Philippine General Hospital Cancer Institute. It was a case of an immature teratoma in an adolescent which was co-managed by the general OB-GYN service, the Gynecologic Oncology service, the Pediatric Oncology service and the Pediatric Surgery service. The reactors were Dr. Ana Patricia A. Alcasabas, a pediatric oncologist and Dr. Antonio D. Catangui, a pediatric surgeon. The activity was moderated by Dr. Genalin F.





Amparo. There were 289 attendees. The activity was sponsored by Astrazeneca.

The third activity was held last November 27, 2020 with the topic "Endometrial Cancer: Transition from Endometrioid Adenocarcinoma to Carcinosarcoma". The presentor was Dr. Mary Lilia Bernadette V. Tinio, our gynecologic oncologist from Bacolod. She discussed the case of Dr. Jean Anne B. Toral, who was also one of the reactors - a case of endometrial cancer, with an initial histopathologic diagnosis of endometrioid adenocarcinoma transforming into a carcinosarcoma after 2 Dr. Toral, as the reactor, shared her dilemmas and vears. decisions made in the management of this case. The pathologist reactor was Dr. Jonathan P. Rivera who gave a very good review on the pathology of the case presented. The activity sponsored by Astrazeneca was attended by 210 physicians.

2020 has truly been a fruitful year for the Committee on Tumor Conference. The palpable enthusiasm of the speakers, reactors and moderators in sharing their knowledge and experiences during each event, the good attendance, as well as the positive feedback received by the Committee in the evaluation form are enough proofs of the success of this year's activities. Truly, Dr. Augusto M. Manalo is smiling proudly at SGOP!





The PJGO: Setting Goals for Future Issues

Maria Lora Cabrera-Tupas, MD, FPOGS, FSGOP

The call came early 2019 when Dr. Jericho Luna asked

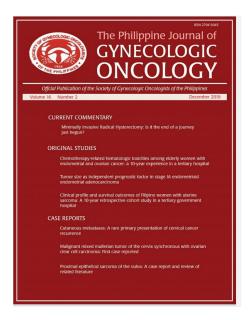
me to lead a new team of editors for the PJGO.

He gathered together members from the SGOP who had enough experience in writing and editing scientific articles. The new Editorial Board was headed by Dr. Maria Lora Tupas as Editor-in-Chief, with Drs. Jocelyn Z. Mariano & Doris Benavides as her Associate editors & the reliable Dr. Ana Victoria Dy-Echo as Managing Editor. The rest the team represented diverse institutions from all over the



Organizational meeting of PJGO Editorial Board July 2019 0 f

archipelago: Dr. Judith G. Cabanela (MCU-FDTMFH, NCR), Dr. Carol Marjorie P. Flavier (Davao Doctors Hospital, Region XI), Dr. Rona F. Rañola (Bicol Regional Training & Teaching Hospital, Region V), Dr. Raymond S. Sulay (Perpetual Succor Hospital, Region VII), Dr. Irene M. Tagayuna (Tondo



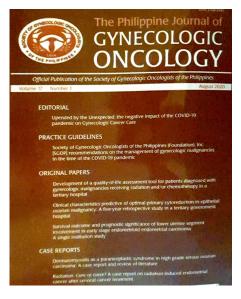
Medical Center, NCR), and Dr. Jaynet C. Tan (Angeles University Foundation Medical Center, Region III).

The editorial board receive case reports and original studies for publication which go through a peer-review process. Once approved by two editors, the article is further edited to comply with the conditions set by the PJGO. The board has also sought to expand the variety of articles found in every issue by publishing editorials, and

commentaries on current developments in the field of gynecologic oncology and other related medical fields.

The defining goal of this current Editorial Board, however, is to have the Philippine Journal of Gyneoclogic Oncology indexed in the Western Pacific Region Index Medicus (WPRIM). To initiate this process, we have

successfully applied for Certification with the International Standard Serial Number Philippines (ISSN) last July 2019, making a commitment to have at least 2 issues of the journal per year on print. This 2020, because of the limitations imposed by the Covid pandemic, and the explosion of people learning to access information digitally, we have decided to have the issues of the PJGO uploaded to the SGOP website as Open Access articles. This will be updated as we renew our ISSN Certification.



There is still much to be done. The main challenge is sourcing articles for the journal as training institutions are only now beginning to increase their research activities and output. Despite this, we continue to review, edit and publish these contributions to our scientific knowledge as we reach for our goal of acceptance into the WPRIM's list of publications.



SGOP.ORG.PH REBORN

by: Christine Joy G. Garcia, MD

Now, more than ever, our SGOP website has become more alive, updated and vibrant. Who would have thought that its rebirth will run alongside the accelerated and, for some, forced digital lives of people globally today?

Together with the usual e-mail, Viber, Facebook, and SMS, <u>sgop.org.ph</u> has become one of the reliable digital platforms in disseminating information on how to manage gynecologic cancer patients during the COVID-19 pandemic, in searching for gynecologic oncologists distributed throughout the Philippines, and in announcing our upcoming webinars and conferences as well.

Reacquaint yourselves with the humble beginnings of our society and make yourself proud by browsing on our different academic and social achievements through the years. Reminisce and relive the camaraderie we have established by clicking on the pictures we have collected and posted.

Do you want to contribute vital information of your patients to improve our local statistics? Access our Tumor Registry on our website.

Don't have printed copies of our newsletters and of the Philippine Journal of Gynecologic Oncology? Download them. We have them there.

Do you want to sing along with our hymn at the start of every conference but cannot quite memorize the melody and the lyrics? No worries. It is also there.

The sgop.org.ph gives us a sneak peek of how formidable and compassionate our society is. Come visit, enjoy the pages and find yourself revisiting it time and time again.





Library and Archives Committee

Renee Vina G. Sicam, MD

Have you ever attended an SGOP event and wondered whatever happened to your picture taken by the official photographer? Have you wanted to see the video of you performing in fellowship night? Fear not, for the Library and Archives Committee quietly downloaded your pictures and videos, and stored them in the SGOP archives electronic database since 2019. The committee, led by yours truly, aided by the ever-present SGOP secretary Rowena De Nava and members Dr. Celeste Francisco and Dr. Geminelle Co-Reyes, were the "paparazzis" of the committee. Some photos posted in the SGOP viber group were also downloaded and

added to the database. This collection of photos and videos served as a source for

the SGOP website and SGOP hymn of the Informatics Committee, as well as a repository of images for future use. The Library and Archives Committee started to gather pictures of events that happened before 2019 in an attempt to save our files in the cloud, instead of hard drives, to make them more accessible and long-lasting. During this time of the pandemic, where most, if not all, of the activities of SGOP were in digital platform, documentation was made easier. We have the potential to store the lectures in the cloud as well.

As 2020 comes to a close, I hope the digital database continues. The full benefits may not be apparent now, but will be seen in the future, before memories fade and new Gynecologic oncologists are made.

Be a part of the legacy



The Library and Archives Committee is building its electronic database to document activities of the SGOP over the years. These pictures will be used to update the SGOP website and SGOP hymn under the Informatics Committee, as well as to keep our memories for the future generation of gynecologic ancologist.

We request the sender to label your picture/s or video (date and name of the SGOP activity) so we may file them accordingly. Please send to sapparchives2019@amail.com.

Thank you so much!

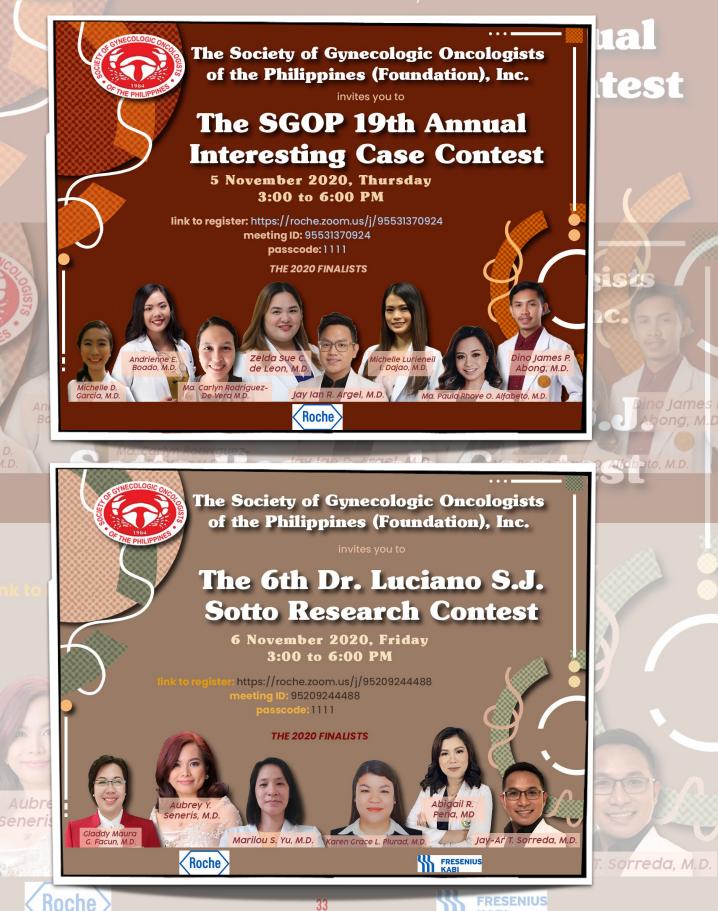
nd your photos/videos to sgoparchives2019@gmail.com

Research EVENTS

The Society of Gunecologic Openlogists

NCOL

FCOLOGIC



KABI

2020 CALENDAR of ACTIVITIES

SGOP Midyear Convention Camiguin March 6-8, 2020

Community Service Outreach Project March 5, 2020

Camiguin

Dr. Augusto M. Manalo 2020 Tumor Conference

"Growing Teratoma Syndrome" July 17, 2020

Dr. Genara M. Limson CME Webinar Series 2

The Use of Telemedicine: Follow-up of Gynecologic Cancer Patients – Are There Changes Because of COVID-19? July 20, 2020

Dr. Genara M. Limson CME Webinar Series 2

Optimizing Clinical Set-up Experience Through Paperless Record System July 22, 2020

Dr. Genara M. Limson CME Webinar Series 2

Best Practices in OB-GYN Out-patient Clinic During the COVID-19 Pandemic July 24, 2020

Dr. Genara M. Limson CME Webinar Series (Exclusive to POGS Region I Members)

Management of Gynecologic Malignancies During the COVID-19 Pandemic August 8, 2020

Webinar Series – Essential Guide to Gynecologic Oncology

- The Diagnosis and Staging of Cervical Cancer
- Management of Cervical Cancer and Consequences of Its Inadequate Treatment August 14, 2020

Webinar Series – Essential Guide to Gynecologic Oncology

- Management of Endometrial Hyperplasia
- The Role of Frozen Section in the Diagnosis of Endometrial Cancer August 21, 2020

Webinar Series – Essential Guide to Gynecologic Oncology

- Preoperative Workup for Suspected
 Ovarian cancer
 - Diagnostic and Therapeutic Algorithm for Ascites
- Management Algorithm for patients with Breast Complaints August 28, 2020

SGOP Featured Lecture

(Exclusive to Members only) The Surgical Management of Advanced Ovarian Cancer September 5, 2020

Dr. Genara M. Limson CME Webinar Series (Exclusive to POGS Regions IV – VII and NCR Members)

Management of Gynecologic
Malignancies During the COVID-19
Pandemic

- Cervical Cancer
- Endometrial CancerOvarian Cancer
- September 12, 2020

Dr. Augusto M. Manalo 2020 Tumor Conference

"Ovarian Tumor in the Adolescent" September 25, 2020

Dr. Genara M. Limson CME Webinar Series

(Exclusive to POGS Regions VIII – XI)

- Management of Gynecologic
 Malignancies During the COVID-19
 Pandemic
 - Cervical Cancer
 - Endometrial Cancer
 - Ovarian Cancer
 - September 27, 2020

SGOP-POGS Pre-Congress Q & A in Gynecologic Oncology

Risk Reducing BSO for ALL or a select few? Genetic Testing for Gynecologic Cancers: Which Ones? Who, What, When to Operate during the Covid-19 Pandemic? October 3, 2020

The 19th SGOP Interesting Case Contest

November 5, 2020

The 6th Luciano SJ Sotto Research Contest November 6, 2020

POGS Simultaneous Session

Gynecologic Oncology Gynecologic Cancers in the Philippines: Where Are we Now? The Utility Of Enhanced Recovery After Surgery In Gynecologic Surgery Mucinous Ovarian Tumors Unraveled November 11, 2020

Dr. Augusto M. Manalo 2020 Tumor Conference

"Endometrial Cancer: Transition from Endometrioid Adenocarcinoma to Carcinosarcoma" November 27, 2020

Data Privacy Act Workshop

December 4, 2020



FORTITUDE: A Celebration of Life and Legacy The UPCM-PGH Division of Gynecologic Oncology 40th Anniversary Celebration

January 25, 2020, Ceremonial Hall, Marriott Grand Ballroom



